

<https://kingstonhospital.nhs.uk/information/chair-raisers>

## What are chair raisers?

This leaflet is for patients who have been assessed as needing chair raisers to improve independence in the home. It is also for the families, carers and professionals supporting you.

Chair raisers can help you to get in and get out of a chair or armchair which is too low for you.



**Maximum weight limit: 165 kg (or 364 lbs)**

## When should you not use chair raisers?

Do not use a chair raisers if:

- you have not been assessed as needing them
- there are missing chair legs
- the flooring is uneven or weak
- the chair is broken
- to increase the stability of the chair
- you are unable to control your descent into the chair. Sitting down without control may cause the chair to tip backwards.


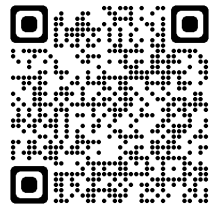



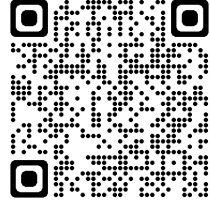
## How to fit a chair raiser

### Langham Chair Raisers

1. Undo the wing nuts.
2. Insert the number of blocks needed to raise the chair to the correct height and then into elephant feet (height will be recommended by the occupational therapist). You must put the same number in each.
3. Put the raisers behind the chair and tip the chair forward to place the back legs of the chair into the feet. Do the same for the front feet.
4. Make sure legs are in the corner of feet and tighten the wing nuts. Test to see if it is secure by trialling it. Make sure chair is against a wall to avoid it tipping backwards.

### Morris Chair Raisers (for chairs with castors)

1. Remove cushions, tip the chair forward to expose the castors.
2. Remove the original castors by pulling them off or using a tool.
3. If the metal part with the hole (ferrule) comes out, replace with the ferrules provided.
4. Loosen thumb screws in the raiser and attach it to the bottom of the chair by pushing the legs into the ferrules (holes) until they lock in place.
5. Adjust the raiser centre plate to make sure it is the middle and tighten it into place.
6. To adjust the height, remove the white, nylon nuts on the side of the legs, adjust the height of the leg, then place the nylon nut back into place.
7. The feet of the raiser can also be adjusted by screwing them out or further in. Tilt the feet so that they will sit flat on the floor.


 <p>Website address and QR code for a video which shows how to fit the <b>Langham raisers</b>  <a href="https://youtu.be/olanuBdlkew">https://youtu.be/olanuBdlkew</a></p>	
 <p>Website address and QR code for a video which shows how to fit the <b>Morris raisers</b>  <a href="https://youtu.be/QOexKD1wNq8">https://youtu.be/QOexKD1wNq8</a></p>	
 <p>Website address and QR code for a video which shows how to fit the <b>multipurpose chair and bed raisers</b>  <a href="https://youtu.be/QYqgFLsMKp">https://youtu.be/QYqgFLsMKp</a></p>	

### How to collect your chair raisers or request a repair for a broken chair raiser.

Each borough's provider and phone number is listed in the Contacts section below.

## Contacts

Kingston - Medequip 0208 154 2922  
Merton - Uniquis 0208 664 8860  
Richmond - NRS 0300 100 0253  
Surrey - Millbrook 0208 750 1580  
Wandsworth - NRS 0300 100 0253

<b>Translate</b>	Please speak to a member of staff before or during your visit to the hospital if you require translation.
<b>Accessibility</b>	Please contact the Patient Experience Team on 020 8934 3850 if you need this information in a different format. For information accessibility please visit Kingston Hospital AccessAble <a href="http://www.accessable.co.uk/kingston-hospital-nhs-foundation-trust">www.accessable.co.uk/kingston-hospital-nhs-foundation-trust</a>
<b>Support services</b> Visit the hospital website, ask a member of staff, or ring us for details. <a href="http://www.kingstonhospital.nhs.uk">www.kingstonhospital.nhs.uk</a> Switchboard 020 8546 7711	 <ul style="list-style-type: none"> <li>• 'Find Us' page for maps, transport, registering a blue badge, disabled access</li> <li>• Information, advice and support for patients and relatives (PALS) 020 8934 3993</li> <li>• Pastoral and Spiritual Support 020 8546 7711</li> <li>• Learning Disability Liaison Team 020 8934 6895</li> </ul>