

## Only visit if you are well

Don't visit if you have any COVID, cold or flu like symptoms – this includes a runny nose, sore throat, cough, temperature, headache, loss of smell or taste.

## Be safe and take a Lateral Flow Test before you visit

You can pick up a test pack at your local pharmacy, or from a community collection point. Go online and google 'order rapid lateral flow test' to find your nearest collection point.

## Wear a mask, keep your distance and wash or sanitise your hands a lot

Covid-19 spreads between people very easily. These simple measures make a big difference.

## Book multiple visits at once

- You can organise visits up to 7 days in advance in one phone call or book these with the ward clerk / receptionist before you leave the ward.
- Call the wards to book visits between 8am -11am. The booking line is closed over Christmas and New Year.

## Read and sign our Visitor Contract

Go to 'Information on visiting someone in hospital' on the Kingston Hospital website to read and sign the visitor agreement. Scan this QR code with your phone's camera to get to the right page:



**Having a friend or relative in hospital can cause a lot of anxiety and worry for everyone. However,**

- We expect all visitors to treat staff and patients with dignity and respect
- We expect all our staff to treat visitors with dignity and respect
- Any visitor that shows aggressive or violent behaviour will be asked to leave