

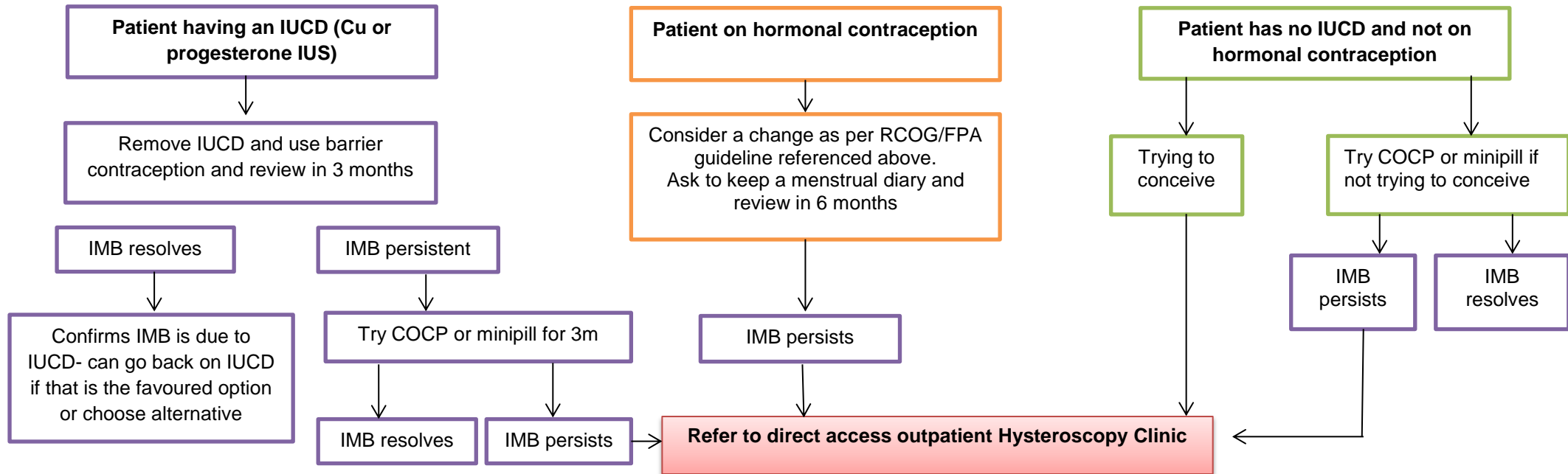
INTER-MENSTRUAL BLEEDING (RECURRENT):

In one off presentations a diary should be advised to establish IMB is recurrent and persistent

If IMB in the context of HMB please refer to the HMB pathway

Initial investigations:

1. Speculum + pelvic exam.
2. HVS + endocervical swab +NAAT for GC/Chlamydia. If abnormal Treat as per BASHH guidelines: www.bashh.org/guidelines. Refer to local sexual health service (or Wolverton centre). If IMB persists after treatment follow flow chart below.
3. Check cervical smear is up to date (cervical smear only to be performed if the patient is due a smear as per the cervical screening guidelines)
4. Pregnancy test (only in reproductive age group): if positive refer to early pregnancy unit at Kingston Hospital.



References:

<https://www.rcog.org.uk/globalassets/documents/guidelines/unscheduledbleeding23092009.pdf>

Patient resources:

<https://patient.info/womens-health/periods-and-period-problems>