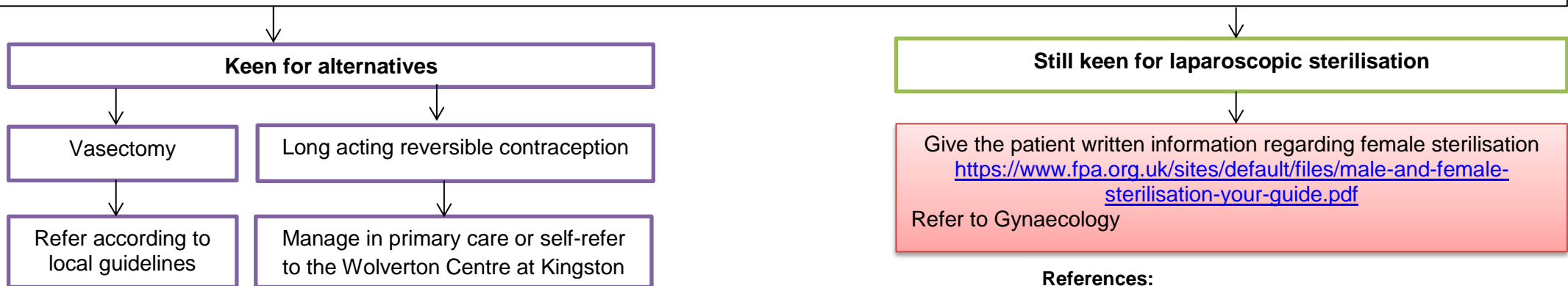


FEMALE LAPAROSCOPIC STERILISATION

Note Surrey Downs CCG classes this as a POLCE and needs prior approval (refer p25 on document <https://www.surreydownscg.nhs.uk/get-informed/policies-and-procedures/policies->)

Inform the patient:

- **The need for a general anaesthetic**
The procedure is usually undertaken laparoscopically with clips as a day surgery case.
- **The age limit**
Sterilisation is performed in women <30 years only in exceptional circumstances due to the higher incidence of regret following the procedure when performed in this age group.
- **That laparotomy may be required**
If surgical complications are encountered.
- **Permanent**
The procedure is difficult to reverse (see PPwT pathway) and a reversal procedure is not NHS funded.
- **Failure rate of 1/200**
If the procedure fails and pregnancy occurs there is a higher risk of ectopic pregnancy
- **Surgical risks**
Risks are greater in high-risk women (raised BMI, abdominal scars, medical disorders)
- **The need for continued contraception**
Until after the procedure has been completed
- **Periods**
Will be unchanged (unless on hormonal method pre-op or an IUCD is removed)
- **High incidence of regret post-procedure: 30%**



References:
RCOG Consent advice No. 3 Female Sterilisation
Patient resources:
<https://www.sexwise.fpa.org.uk/contraception/sterilisation>