



Birthing Partner overnight stay
Code of conduct

There is an opportunity for a birthing partner to stay overnight with the new mother and baby.

This facility is provided as a courtesy, please respect that this is a hospital and act in accordance with the guidance detailed below. Please ensure that:

- The privacy, dignity and respect of all women on the ward must be maintained at all times
- There is only one birthing partner staying overnight, who should be over 18 years old.
- You remain fully clothed at all times, including footwear
- Noise is kept to a minimum overnight; please remember the other women are trying to sleep
- Coming into and leaving the unit is kept to a minimum to limit disturbance to others.
- Mobile phones are on silent between 10pm and 8am and any use during these hours is outside the unit.
- You use the designated visitor toilets. Birthing partners must not use patient toilets in any circumstances.
- You rest in the chair at the side of the bed and **not** on the bed. This is to reduce the risk of infection to mother and baby and to ensure that the woman can rest adequately.
- Allow the staff easy access to the bed area to enable them to easily care for mother and baby
- You are aware that all valuables are brought into the Maternity Unit are at the individual's own risk.
- Please keep the bed space clean and tidy.

Unfortunately, we are **not** able to provide partners with any of the following:

- Food or drinks
- Blankets, sheets, pillows and towels
- Shower facilities
- Toiletries or medications

Thank you for your co-operation with these guidelines.