

Infection Prevention & Control

Patient Information

What you can do to help

Advice for those coming to Kingston Hospital, and their visitors

- ❖ If you, or someone you share your home with has had diarrhoea or vomiting in the last two or three days, please tell a member of staff.
- ❖ Visitors who've had diarrhoea or vomiting within the last two or three days should stay away from the hospital until they've had two full days without symptoms (this is to avoid spreading the infection).
- ❖ Our staff can help protect you by washing their hands with soap and water or by using the hand sanitiser. If you think someone has forgotten to clean their hands before they treat you, feel free to ask them about it.
- ❖ Personal hygiene, particularly hand washing, is important when you are in hospital. If you need any basic toiletries while you are here, please ask a member of staff.
- ❖ You should clean your hands after using the toilet and before eating. If you are unable to make it to the sink, there are packs of patient hand-wipes available for you to use. If you need a pack just ask.
- ❖ Hand sanitiser is provided at numerous places throughout the hospital. It is very good for disinfecting clean hands.
- ❖ Please can visitors clean their hands before touching the person they're visiting.
- ❖ If you have an intravenous line (drip) and it feels sore, let a member of staff know as soon as you can. Similarly, if your dressing becomes loose or soiled then let a staff member know.
- ❖ Try to keep the top of your locker & bed-table reasonably free from clutter as this makes it easier for our domestic staff to keep it clean. This is very important for infection control.
- ❖ Your bed area should be cleaned daily. If you or your visitors see something that has been missed during cleaning please tell a member of staff.
- ❖ If you are unhappy with the standards of cleanliness anywhere in the hospital, be it a ward, clinic, corridor or toilet, etc. please tell a member of staff in order that we can make sure it gets cleaned properly. If the problem area is a toilet you may have to use an alternative toilet in the meantime.
- ❖ Always wear something on your feet when walking around in hospital. A comfortable pair of slippers is fine, but make sure they have some grip on the bottom, as hospital floors can be a little slippery sometimes. Slipper socks are available – just ask a member of staff.

Thank you

Infection Prevention & Control Team, May 2018.