



Nutrition and Dietetics

A guide to specialist library resources for nutrition and dietetics at Stenhouse Library.

Books

The Library holds approximately 140 nutrition and dietetics books including:

- Educational/text books;
- Exam books; and
- Specialty specific books, e.g. paediatric and infant diets, nutrition during pregnancy, obesity, diabetes

To find the book you are looking for, check the Library's catalogue (<https://sten.koha-ptfs.co.uk>). Most nutrition and dietetics books are shelved in the **WB 400** section. If the Library does not stock the book you require, please let us know as we may be able to obtain it for you from another library.

The collection is regularly updated, so if you have any suggestions of titles to be added to the collection please email the library.

Nutrition and Dietetics Journals

The Library provides access to over 3000 print and e-journals, DynaMed Plus and BMJ Case Reports. Some of the titles relevant to nutrition and dietetics include:

- Journal of Human Nutrition and Dietetics
- Nutrition and Dietetics
- British Journal of Nutrition
- Nutrition and Diabetes

To view a full list of the journals that are available to library users visit MyJournals (<https://journals.nice.org.uk/>) and log in using your OpenAthens account.

If the Library does not have access to the article or journal you require please let us know as we are able to request copies of articles for you from another library.

E-Books

The Library has a variety of e-books that are available for use at any time, and can be accessed via OpenAthens at <https://www.kingstonhospital.nhs.uk/healthcare-professionals/stenhouse-library/library-services/books-e-books.aspx>.

Useful resources

British Dietetics Association - <https://www.bda.uk.com/>

British Nutrition Foundation – www.nutrition.org.uk

Food Standards Agency - <https://www.food.gov.uk/>

The Nutrition Society - <https://www.nutrition-society.org/>

Literature searches

Library staff are able to assist with literature searches by either providing one on one training on searching or conducting the search on your behalf. Please email khft.library@nhs.net for assistance.

