Service Update for Surrey Downs

1. **Brand new Restorative Dentistry Clinic available at Kingston Hospital**

A new IV sedation service is now being offered by Kingston Hospital for phobic patients. Traditional paper referrals are accepted, and will be made available on Choose & Book in the near future. Please address referrals to, Mr. Harpal Chana, Consultant in Restorative Dentistry. Please ensure referrals include patients NI numbers to ensure progressing is not delayed.

<table>
<thead>
<tr>
<th>LOCATION</th>
<th>DAY</th>
<th>FREQUENCY</th>
<th>SUB SPECIALTY</th>
<th>CONSULTANT</th>
</tr>
</thead>
<tbody>
<tr>
<td>Kingston Hospital Princess Alexandra Dental Wing</td>
<td>Monday AM &amp; PM</td>
<td>Weekly</td>
<td>Dentistry</td>
<td>Mr Chana</td>
</tr>
</tbody>
</table>

How to refer and contact details

The referral to the clinic can be done directly via email: Khn-tr.OPReferrals@nhs.net. Princess Alexandra Dental Wing contact number: 020 8934 6405

**Criteria Inclusions**
- Phobic patients
- Restorative implants and treatment
- Post-surgery oral reconstruction
- Advisory service for periodontal disease
- Specialist Endodontics (local protocols)
- Prosthodontics (local protocols)

**Criteria Exclusions**
- General restorative dentistry

2. **Maternity available at Ebbisham Health Centre**

We are now running antenatal and postnatal clinics by a named team of midwives at the Ebbisham Health Centre, for women who choose to have their baby at Kingston Hospital's Maternity Unit. Midwives will be present for 2 sessions per week. Women can access the service through the self-referral form, accessible via the Kingston Hospital Maternity website (click here) or via the GP (faxed or online form).

3. **Dermatology Clinics now available at Ebbisham Health Centre**

New General Dermatology clinics are now available at the Ebbisham Health Centre, monthly.

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<tr>
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<th>CONSULTANT</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ebbisham Health Centre</td>
<td>Monday</td>
<td>Monthly</td>
<td>General</td>
<td>Dr Natkunarajah</td>
</tr>
</tbody>
</table>

How to refer and contact details

The referral to the clinic can be done directly via C&B, or email: Khn-tr.OPReferrals@nhs.net. General Contact number for Dermatology Department: 020 8934 3002 or 3546 or 2111

**Criteria Inclusions**
• All aspects of dermatology

Criteria Exclusions
• Pigmented lesions & squamous cell carcinoma (please refer to the pigmented lesion clinic at Kingston Hospital)
• Removal of skin lesions for cosmetic reasons.

4. Pain Clinics now running at the Surbiton Centre for Health

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<tr>
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</thead>
<tbody>
<tr>
<td>Surbiton Centre for Health</td>
<td>Monday PM</td>
<td>Weekly</td>
<td>Pain</td>
<td>Mr Gandhimani &amp; Mr Puranik</td>
</tr>
</tbody>
</table>

How to refer and contact details
The referral to the clinic can be done directly via C&B, or email: Khn-tr.OPReferrals@nhs.net. Contact number: 020 8934 2453

Criteria Inclusions
The team deals with chronic pain of whatever origin and complexity:
• Chronic back, head and neck pain
• Chronic post-surgical pain
• Complex regional pain syndrome (CRPS)
• Pain associated with long-term neurological conditions
• Fibromyalgia
• Post-herpetic neuralgia and other neuropathic pain
• Irritable bowel syndrome and other gastric pain
• Chronic pelvic pain, including endometriosis and vulvodynia
• Pain associated with chronic fatigue syndrome/ myalgic encephalomyelitis (ME)

Criteria Exclusions
Age under 18 (16-18 on discussion with pediatrics)

5. ENT (Ear, Nose & Throat) clinics at the Ebbisham Health Centre

Kingston Hospital is now commissioned by Surrey Downs Clinical Commissioning Group (SDCCG) to provide a community based Ear, Nose and Throat service at Ebbisham Centre in Epsom for the registered population of Ashtead, Bookham, Epsom, Ewell, Banstead, Dorking and surrounding areas. This service is delivered by Kingston Hospital in partnership with local clinical and medical staff. The ENT clinic will be staffed by a combination of ENT staff grades, GPwSI and audio-vestibular physicians.

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</thead>
<tbody>
<tr>
<td>Ebbisham Health Centre</td>
<td>Friday AM</td>
<td>Weekly</td>
<td>General</td>
<td>ENT Consultants</td>
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</table>

How to refer and contact details
The referral to the clinic can be done directly via C&B, or email: Khn-tr.OPReferrals@nhs.net. For further details please contact Jason Bartlett, Deputy Head of Audiology, ENT and Oral Services on 020 8934 3211 or at jason.bartlett@kingstonhospital.nhs.uk
General contact number for Audiology Department: 020 8934 6406

Criteria Inclusions
- Recurrent tonsillitis
- Hearing loss and tinnitus
- Recurrent ear infection- acute and chronic
- Persistent throat discomfort or globus
- Broken nose
- Snoring and sleep apnoea
- Otitis media with effusion (glue ear)
- Persistent blocked nose and mouth breathing
- Rhinitis
- Ear wax requiring suction removal
- Nosebleed (Epistaxis)
- Sinusitis
- Vocal cord lesions
- Gastroesophageal reflux disease (GERD)
- Eustachian tube dysfunction
- Removal of foreign body from the ear

Criteria Exclusions
- All below, please refer to St George’s Hospital Tooting
- Severe dizziness and vertigo (please refer to Dizziness clinic)
- Severe airway problems & active bleeding
- Quinsy
- Acute foreign body in throat
- Suspected bronchial foreign body
- Sudden onset hearing loss (within 48 hours)

6. Acute Kidney Injuries & General Nephrology for Adults at Kingston Hospital

We have started this consultant led clinic with a view to improving the acute and chronic kidney injury services at Kingston Hospital. In addition we will see any general nephrology patients and this clinic will run in parallel to existing general nephrology clinics.

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</thead>
<tbody>
<tr>
<td>Kingston Hospital</td>
<td>Fri PM</td>
<td>Weekly</td>
<td>Acute Kidney Injuries</td>
<td>Dr Tuan Ismail</td>
</tr>
</tbody>
</table>

How to refer and contact details
- The referral to the clinic can be done directly via C&B or email: Khn-tr.OPReferrals@nhs.net.
- Only a referral letter is required.
- The contact number to our secretary is Ms Deirdre Rendall: 020 8934 2745.
- For specific question Dr Ismail be contacted via email or Kingston Hospital switch board in an emergency Tuan.Ismail@kingstonhospital.nhs.uk.

Criteria Inclusions
The clinic is designed to see patient's with rapidly deteriorating renal function but will see all types of patients who needs to be seen by a Renal Consultant. This include patients with proteinuria, heamaturia (non-urological) Chronic Kidney Disease, Nephrotic, Nephritic Syndrome and resistant hypertension.

Criteria Exclusions
- Renal transplant patients, renal calculi & renal tumours of any nature
If the patient needs dialysis or has urgent renal transplant issues they need to be referred to the Renal Unit, St. Georges Hospital.

Other Information
Working alongside the St. Georges Renal Unit, patients will be referred as appropriate to St George’s directly if determined that the patient needs to be seen in the pre- dialysis clinic, for renal biopsy, iron and erythropoetin treatment.
Sexual Health, HIV & Contraception
At Wolverton Centre & Moore Lane Centre

The Wolverton Centre, Kingston Hospital, Galsworthy Road, Kingston, Surrey, KT2 7QB
Tel: 020 8974 9331 www.SexualHealthKingston.co.uk

Since opening in 1994, we have been providing an open access, confidential and non-judgemental service to ALL our patients irrespective of age, race or sexual orientation.
Find out more: WOLVERTON CENTRE PATIENT LEAFLET – CLICK HERE

Services we offer:
- Advice, testing and treatment of STIs and HIV.
- On-going care for patients diagnosed with HIV with a dedicated and experienced support team.
- Management following sexual assault (including PEPSE).
- Specialist Consultant led sexual health and contraception services for patients with more complex conditions or needs (eg, vulval clinic, chronic thrush/herpes, and psychosexual problems) available by GP referral.
- Free condoms & pregnancy testing.
- Emergency, routine & long term contraceptive services.
- Specialist Services for Young People (The Point) & gay/bi-sexual men (K3).

Referring:
A referral is not required and there are walk-in clinics every day. A visit can be arranged by phone, e-booking or simply by attending a walk-in clinic.

Contact Information:
To book an appointment or for advice:
020 8974 9331
khn-tr.WolvertonAppointments@nhs.net
- Dedicated GP urgent enquiry line: 020 8934 2845
- Confidential answerphone: 020 8934 2950
- See clinic times

All information is available on our website – Click here to access the site.

Connect, The Moor Lane Centre, Moor Lane, Chessington, Surrey KT9 2AA
Tel: 020 8934 3399 www.ConnectMoorLane.nhs.uk

A relationships and sexual advice service for young people with learning difficulties up to the age of 25 years. Parents, carers and professionals can also book appointments for themselves for advice and support. See clinic times

- relationships advice and information
- information and advice about having safe sex
- testing and treatment for STIs (sexually transmitted infections)
- HIV testing, advice and counselling and free condoms and full contraception services

Clare Heggie
Doctor

Sarah Freeman
Nurse

Louise Davis
Technician

Claire Lightley
Adviser